

2019 Detroit Free Press/TCF Bank Competitive 1-Mile Turn by Turn Instructions- FINAL 06Sep19

These are the FINAL turn by turn instructions for the Detroit Free Press/TCF Bank Competitive 1-Mile, scheduled for **SATURDAY, October 19, 2019 at 9:00 AM**. The distances shown here are determined from satellite photos using MapMyRun.com, then adjusted. The course is approved, and is USATF measured or certified.

Turn #	Description	Leg Distance	Elevation (Ft)	Cumulative Distance
Start	Atwater St, at the Michigan DNR Outdoor Adventure Center (Start Line)	0.00	580	0.00
-	Straight on Atwater St (westbound) to Riopelle St	0.12	578	0.12
1	Turn right on Riopelle St to Franklin St	0.07	580	0.19
2	Turn right on Franklin St to Chene St	0.48	579	0.67
3	Turn right on Chene St to Atwater St	0.13	582	0.80
4	Turn right on Atwater St to point just west of St Aubin St (Finish Line)	0.20	580	1.00