

2019 Detroit Free Press/TCF Bank Marathon Turn by Turn Instructions- FINAL 06Sep19

These are the FINAL turn by turn instructions for the Detroit Free Press/TCF Bank Marathon, scheduled for **SUNDAY, October 20, 2019 at 7:00 AM**. The distances shown here are determined from satellite photos using MapMyRun.com, then corrected. The course is approved and is USATF measured and certified.

Turn #	Description	Leg Distance	Elevation (Ft)	Cumulative Distance (Corrected)
Start	Start Line (Southeast corner of Anchor Bar, 450 W Fort St)	0.00	606	0.00
-	Straight on W Fort St to Trumbull Ave	0.60	593	0.60
1	Turn right on Trumbull Ave to W Lafayette Blvd	0.06	597	0.66
2	Turn left on W Lafayette Blvd to Rosa Parks Blvd (Southbound)	0.29	601	0.95
3	Turn left on Rosa Parks Blvd (Southbound) to W Fort St	0.06	593	1.01
4	Turn right on W Fort St to W Grand Blvd	0.98	590	1.98
5	Turn right on W Grand Blvd to the I-75 Service Drive (Northbound)- "Bridge to Canada" Entrance	0.06	591	2.04
6	Turn right at the "Bridge to Canada" Entrance to the bottom of the U.S. plaza ramp	0.60	589	2.64
7	Turn right 180 degrees at the bottom of the U.S. plaza ramp to the Ambassador Bridge extension (west side of bridge- inactive)	1.46	635	4.10
8	Bear right at the Ambassador Bridge extension (west side of bridge- inactive) to the Canadian Plaza Immigration Booths	0.15	604	4.25
9	Turn left 180 degrees at the Canadian Plaza Immigration Booths to Huron Church Rd, then straight on Huron Church Rd to Riverside Dr	0.62	582	4.87
10	Turn right on Riverside Dr W to Goyeau St	1.89	585	6.76
11	Turn right on Goyeau St to Park St E	0.23	600	6.99
12	Turn right on Park St E to the Detroit-Windsor Tunnel Exit- Windsor (Runner Entrance)	0.05	601	7.04
13	Turn left at the Detroit-Windsor Tunnel Exit to the end of the Plaza	0.07	600	7.11
14	Turn left 180 degrees at Detroit-Windsor Tunnel Plaza end. Proceed thru the tunnel to W Jefferson Ave	1.16	596	8.27
15	Turn left on W Jefferson Ave to John C Lodge Fwy exit ramp	0.21	602	8.47
16	Bear right on the John C Lodge Fwy (southbound lanes, against traffic) to W Jefferson Ave ramp	0.33	577	8.80
17	Bear left on W Jefferson Ave ramp to Rosa Parks Blvd/W Jefferson Ave (Extension)	0.82	585	9.62
-	Straight on Rosa Parks Blvd (northbound) to Porter St	0.31	593	9.93
18	Turn left 180 degrees on Rosa Parks Blvd (southbound lanes) to W Lafayette Blvd	0.19	602	10.12
19	Turn right on W Lafayette Blvd to 18th St	0.44	594	10.56
20	Turn right on 18th St to Bagley Ave	0.37	595	10.92
21	Turn right on Bagley Ave to Rosa Parks Blvd	0.44	596	11.36
22	Turn right on Rosa Parks Blvd (in northbound lanes, against traffic) to Labrosse St	0.08	594	11.44
23	Turn left on Labrosse St to Trumbull Ave	0.24	594	11.68
24	Turn right on Trumbull Ave to Porter St	0.06	599	11.74
25	Turn left on Porter St to Brooklyn St	0.14	600	11.88
26	Turn left on Brooklyn St to Leverette St/Michigan Ave	0.18	597	12.06
27	Bear right on Michigan Ave to Griswold St	0.77	601	12.83
28	Turn right on Griswold St to W Congress St	0.15	592	12.98
29M	Turn left on W Congress St to Rivard St	0.68	597	13.65
30	Turn left on Rivard St to E Lafayette St	0.18	598	13.83
31	Turn right on E Lafayette Blvd (westbound lanes, against traffic) to Seminole St	2.49	595	16.32
32	Turn left on Seminole St to Goethe St	0.92	606	17.24
33	Turn right on Goethe St to Burns St	0.16	602	17.40
34	Turn right on Burns St to E Jefferson Ave	0.98	597	18.37
35	Turn right on E Jefferson Ave to the MacArthur Bridge Exit Ramp	0.73	598	19.10
36	Bear left on the ramp and the MacArthur Bridge (northbound lane, against traffic) to Picnic Way (at Belle Isle clock)	0.64	589	19.74
37	Bear left on Picnic Way (becomes Riverbank Dr (westbound lane, against traffic) to Inselruhe Ave	0.46	578	20.20
38	Turn right on Inselruhe Ave to The Strand	0.40	578	20.59
39	Turn right on The Strand (becomes Sunset Dr) to Picnic Way (at Belle Isle Clock)	1.52	588	22.12
40	Bear left onto MacArthur Bridge (southbound lane, against traffic) to E Jefferson Ave	0.66	598	22.77
41	Bear left on E Jefferson Ave to Mt Elliott St	0.38	597	23.15
42	Turn left on Mt Elliott St to Wight St	0.15	587	23.30
43	Turn right on Wight St to the Detroit RiverWalk Entrance	0.04	587	23.34
44	Bear left onto the Detroit RiverWalk to River Place Dr/Joseph Campau Ave	0.72	579	24.06
45	Turn right on Joseph Campau Ave to Atwater St	0.08	579	24.14
46	Turn left on Atwater St to Rivard St	0.85	579	24.99
47	Turn right on Rivard St to E Larned St	0.22	596	25.20
48	Turn left on E Larned St to Griswold St	0.66	595	25.86
49	Turn right on Griswold St to W Fort St	0.13	602	25.99
50	Turn left on W Fort St to Finish Line (Southeast corner of Anchor Bar, 450 W Fort St)	0.23	606	26.22