## **2024 DETROIT FREE PRESS KIDS MARATHON**





Presented by Priority Health

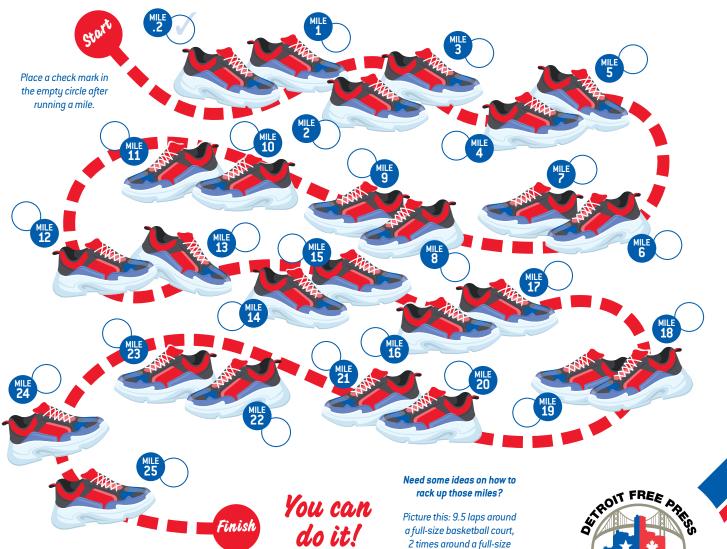
## **25.2 MILE TRAINING LOG**

**SATURDAY, OCTOBER 19TH** 

## Use this training log to track your progress.

Log 25.2 miles between now and October 19th. Then come join us on Detroit Free Press Marathon weekend to finish the last mile!

> You will receive a finishers shirt, a completion medal and a fun post-race celebration!



track, or 2.5 laps on a full-size soccer field – all adding up to half a mile each!

## Congratulations





**#msufcu**